

Registration Instructions for NDCCL

Each Club will receive a range of numbers before the season starts (2 sets). These numbers must be retained for the complete season. Lost/misplaced numbers will not be replaced by the League.

Each Club allocates numbers to their athletes, and passes the Registration details passed to the League Secretary.

Registration details to be Name, Age Group, Date of Birth (and contact number if possible). The league secretary will distribute up-to-date registrations on a regular basis, (excluding dates of birth)

On race day.

Numbers must be worn, visibly on the front. No number , no result. Runners provide their own pins.

Non-registered runners turning up must register with their club and be given their number before they start. These Registration details to be passed to the host club and forwarded to the League Secretary.

Results presentation.

The host club produces the day's results, either in typed or hand-written format.

Results to show Position, Registration No., Name, Club, Time and Points. Team results to be calculated and shown on Results Sheet.

Results sheets to be passed/posted/emailed to the League Secretary.

Guest runners.

These are to be included in the Individual results but not to be given points.