

SPEYSIDE RUNNER NORTH DISTRICT CROSS COUNTRY LEAGUE

2010/2011 Result Summary

Teams

Under 11 Girls	1 Josie Steele	IH	400	IH	1163		
	2 Katie Scott	NAAAC	395				
	3 Gary MacGregor	CAAC	392				
Under 11 Boys	1 Fraser Roach	ES	400	ES	1177		
	2 Eoghan Gollan	ES	396				
	3 Ryan MacBean	IH	389				
Under 13 Girls	1 Gillian Gordon	IH	400	IH	1149		
	2 Lucy Massie	FH	395				
	3 Hannah Blackburn	NAAAC	394				
Under 13 Boys	1 Lewis Holmes	ES	400	IH	1166		
	2 Luke Shaw	RCAC	398				
	3 Ali Velzian	IH	396				
Under 15 Girls	1 Hannah Cleghorn	RCAC	400	IH	1156		
	2 Isla Mackay	LAC	397				
	3 Arianne Ross	IH	394				
Under 15 Boys	1 Sean Chalmers	IH	400	ES	1057		
	2 Ross Gollan	ES	397				
	3 Calum Fraser	LAC	394				
Under 17 Girls	1 Mairi MacIennan	IH	400				
	2 Bethany Wilson	MRR	396				
	3 Nicki Macdonald	ES	388				
Under 17 Boys	1 Ryan Moodie	RCAC	397	MRR	1165		
	2 Moray Goodfellow	MRR	396				
	3 Rob Murdoch	CAAC	394				
Ladies	1 Melissa Whyte	IH	400	IH	1749		
	2 Eilidh Raistrick	HHR	382				
	3 Siobhan Evans	FH	378				
Men	1 Alan Reid	PAC		FH	2227		
	2 Donnie Macdonald	IH				K&D	2149
	3 Kyle Greig	FH					

Junior Man	1 John Little	MRR	315
Veteran Ladies	1 Sheila Gollan	IH	395
	2 Oonagh Wilson	MRR	387
	3 Jackie Nicol	FH	353
Veteran Men	1 Paul Rogan	FH	371
	2 Ewen Paterson	MRR	345
	3 Stewart Wilson	IH	322
Super-vet Ladies	1 Frances Wardhaugh	MRR	221
	2 Susan Scott	MRR	155
	3 Sarah Houston	MRR	84
Super-vet Men	1 John Goodall	K&D	388
	2 Frank Barton	K&D	347
	3 Ray Aiken	K&D	315