

## SPEYSIDE RUNNER NORTH DISTRICT CROSS COUNTRY LEAGUE

### 2009/2010 Result Summary

### Teams

<b>Under 11 Girls</b>	1 Mary Flockhart	IH	400	IH	1180
	2 Keira Macleod	IH	397		
	3 Rhiannon Kirk	CAAC	392		
<b>Under 11 Boys</b>	1 Owen Paterson	FH	400	IH	1158
	2 Fraser Roach	ES	393		
	3= Struan Tweedie	IH	387		
	3= William MacKenzie	IH	387		
<b>Under 13 Girls</b>	1 Heather Campbell	IH	400	IH	1184
	2 Eilidh Macrae	ES	396		
	3 Arianne Ross	IH	391		
<b>Under 13 Boys</b>	1 Ross Gollen	ES	400	ES	1188
	2 Lewis Holmes	ES	397		
	3 Alistair Cooper	ES	393		
<b>Under 15 Girls</b>	1 Oonagh Dunnett	CAAC	397	ES	1163
	2= Mhairi McLennan	IH	395		
	2= Erin Mackay	ES	395		
<b>Under 15 Boys</b>	1 Craig Campbell	IH	399	IH	1146
	2 Thomas Day	IH	397		
	3 Rob Murdoch	CAAC	392		
<b>Under 17 Girls</b>	1 Kirsty Rogan	FH	400		
	2 Rebecca Taylor	K&D	397		
	3 Sarah Mackinnon	CAAC	394		
<b>Under 17 Boys</b>	1 Donald Shand	MRR	399	MRR	1180
	2 John Little	MRR	393		
	3 Jake Anderson	CAAC	391		
<b>Ladies</b>	1 Melissa Whyte	IH	400	IH	1757
	2 Gemma Cormack	MRR	397		
	3 Moira Davie	FH	394		
<b>Men</b>	1 Ben Livesey	FH	400	FH MRR	2325 1947
	2 Robbie Paterson	FH	392		
	3 Kyle Greig	FH	388		

<b>Junior Man</b>	1 Steven Cox	K&D	253
<b>Veteran Ladies</b>	1 Julie Wilson	IH	380
	2 Moraig Lyall	FH	369
	3 Clare Nicholas	FH	349
<b>Veteran Men</b>	1 Paul Rogan	FH	390
	2 Graeme Bartlett	FH	384
	3 Ross Arbuckle	K&D	383
<b>Super-vet Ladies</b>	1 Sheila Gollan	IH	391
	2 Jackie Nicol	FH	366
	3 Shona Spencer	FH	339
<b>Super-vet Men</b>	1 Ewan Paterson	MRR	359
	2 Ray Aiken	BHS	318
	3 Colin Youngson	FH	311